

Sl. No	<u>NATURAL THERAPIES</u>
1.	Blood circulation machine
2.	Leg massager machine
3.	Cervical massage machine
4.	Head massage
5.	Thermo bed: a special jade stones embedded bed which stimulates the spine & gives the body the effect infrared therapy.
6.	Detoxification machine: it improves the body's negative ionic composition, which is necessary to purify and eliminate dangerous free radicals.
7.	Foot reflexology: since the foot is said to represent the mirror image of the body's organs, manual stimulation of certain areas is thought to circulate energy, greatly enhancing the health of the associated organs.
8.	Meridian massage: to ensure healthy energy flow, the meridians or energy pathways are triggered and massaged to remove any blockages in their pathway.
9.	Cupping therapy: in order to effectively treat pain and stiffness, cupping therapy works by clearing any kind of blood or energy blockages.
10.	Cupping massage: Suction cups are applied & massaged along with the direction of the meridians which are followed by application of the cups to the affected area.
11.	Cupping with moxibustion: herbs infused sticks are applied to the affected area along with the suction cups which releases heat & hence enhances the healing process in severe painful conditions.
12.	Cupping massage with moxibustion: combination of cupping massage and moxibustion
13.	Laser therapy: the affected areas like wounds, sinus blockages etc. are healed using laser beams.

14.	Electro-acupuncture: effects of acupuncture is enhanced by electrical stimulation
15.	Guasa massage: massage on the spine with guasa oil & board along application of the cups
16.	Acu-mud facial: natural cleansing followed by facial acu points stimulation with a special instrument & application of dead sea mud face pack
17.	Cervical correction (neck & shoulder): cupping massage to neck & shoulders, correction instrument is applied & followed by hot compress
18.	Yoga therapy: a) Group sessions for general health & fitness (20 sessions per month – Monday to Friday) b) Individual therapeutic sessions according to the patient's condition (minimum of 10 sessions)
19.	Nutrition therapy: Customized dietary prescription provided based on the patient's pulse reading & traditional dietary system.
20.	Ear candling: By inserting a hollow candle into the outer ear, ear candling entails leaving a brown, waxy residue in the candle stub that is thought to be a combination of ear wax, dirt, and germs.